

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

KEY CODE
Red = Event
Purple = Spiritual
Green = Fitness
Red = Outing
Blue = Outdoor Social
Brown = Movie/
 Documentary

May 2025

Potomac Place Assisted Living

Read Your Daily Chronicle

09:00 Hymns to soothe your Soul (YT-L) 4	09:00 Animal Planet: Rain Forest Animals (YT-L) 5	09:00 Virtual Word Finds (YT) 6	09:00 Trivia for the Month of May (YT-L) 7	09:00 Concert in Central Park (YT-L) 1	09:00 Trivia: General Trivia 2	09:00 Woodstock Concert 3
10:00 Virtual Church Service: Lakewood Service (YT)	10:00 Time to exercise! (L)	10:00 Chair Aerobics (L)	09:30 A Spiritual Journey w/ Tim & Dale (L)	10:00 Senior Workout (L)	10:00 Chair Exercise for Seniors (L)	10:00 Rashmi Senior Yoga (L)
12:00 Mind Travel: Iceland	10:45 Paul Simon in Concert (YT)	10:45 Bio Pic: Willie Mays	10:30 Cash Floor (Tubi)	10:45 Person, Place or Thing (Tubi)	10:45 Classic Concert (YT-L)	10:45 National Koala Day: Koala (YT-L)
01:00 Spiritual Theater: 90 Minutes in Heaven (Tubi)	12:00 After Lunch Bunch: The Marksman (Tubi)	12:00 Birthday Salute to George Clooney: Jay Kelly (NF)	12:00 After Lunch Movie: Infinitum (Tubi)	12:00 Million Dollar Money Drop (Tubi-L)	12:00 After Lunch Movie: The Diamond Heist (NF-L)	12:00 After Lunch Bunch: The Creator (Tubi)
03:00 Rummikub & More Bring a Friend or Two	01:00 Creative Corner: Paint Terracotta Pot (Cinco Style!)	12:30 Favorite Series: The Last of Us (AR)	02:00 Bingo & Raffle	01:00 Men's Group w/ Trevor	02:00 Bingo (L)	02:00 Million Dollar Money Drop (Tubi-L)
	02:00 Bingo (L)	02:00 Volleyball (DR)	03:00 Bridge w/ Brie	02:00 Homemade Cards w/ Leslie (L)	03:00 Person, Place or Thing (Tubi-L)	03:00 Domino's! The More the Merrier!
	03:00 Margarita Social (BW) (Cinco de Mayo)	03:00 Board Games / Jazz Concert (L) (Enjoy time in the Breezeway)	04:00 Breezeway Conversation	03:15 May Day: Pick 4/ Cornhole & More! (May Day)	05:30 Movie & Popcorn: Exterritorial (LR-NF)	
09:00 Mind Travel: Glacier National Park (YT) 11	09:00 Music of the 70's (YT) 12	09:00 Famous Castles (YT-L) 13	09:00 Bible Trivia (YT-L) 14	09:00 Freddie Mercury Tribute Show (YT-L) 8	09:00 Rat Pack: Kings of Swing (Tubi-L) 9	09:00 Elvis Presley's 68 Tour (YT-L) Concert 10
10:00 Virtual Church Service: Joyce Myers (YT)	10:00 Time to exercise! (L)	10:00 Chair Aerobics (L)	09:30 A Spiritual Journey w/ Tim & Dale (L)	10:00 Senior Workout (L)	10:00 Chair Exercise for Seniors (L)	10:00 Rashmi Senior Yoga (L)
11:00 Community Brunch: Mother's Day	10:45 Bio: The Rolling Stones (YT)	10:45 Bio Pic: Ritchie Valens	10:30 Bio: George Lucas (YT)	10:45 Person, Place or Thing (Tubi)	10:45 Alfred Hitchcock Presents (Tubi-L)	10:45 Animal Planet: The Tawny Shark Australian Wildlife
01:00 Spiritual Theater: The Week that Changed the World (Tubi)	12:00 After Lunch Bunch: Inheritance (Tubi)	11:00 Veteran's Lunch & Documentary	12:00 After Lunch Movie: Dog (Tubi-L)	12:00 Million Dollar Money Drop (Tubi-L)	12:00 After Lunch Movie: The Life List (NF-L)	12:00 After Lunch Bunch: The Wave (Tubi)
03:00 Rummikub & More Bring a Friend or Two (Mother's Day National Skilled Nursing Care Week)	01:00 Creative Corner: Herb Garden	12:00 Birthday Salute to Robert Pattinson: The Rover (Tubi)	02:00 Bingo (L)	01:00 Men's Group w/ Trevor (L)	02:00 Bingo (L)	02:00 Magnus Court Shriner's Bingo
	02:00 Bingo (L)	12:30 Favorite Series: The Last of Us (AR)	03:00 Bridge w/ Brie	01:30 Ladies Painting Tutorial Chocolatechips (AR)	03:00 Billy Joel B-Day Concert (YT)	03:00 Domino's! The More the Merrier!
	03:00 Residents Choice! / AGT	02:00 Volleyball (DR)	04:00 Breezeway Conversation	03:00 Entertainer: Randy McHugh (DR)	05:30 Movie & Popcorn: The Four Seasons (LR-NF)	
09:00 Mind Travel: Japan (YT) 18	09:00 Mysteries of the Amazon (YT-L) 19	09:00 Joan of Arc (YT) 20	10:30 Out on the Town: Walmart	09:00 National Chocolate Chip Day 15	09:00 Endangered Species Day 16	09:00 Armed Forces Parade (YT) 17
10:00 Virtual Church Service: Steven Furtick (YT)	10:00 Time to exercise! (YT-L)	10:00 Chair Aerobics (L)	09:00 Take a Trip down Memory Lane Quiz (YT-L) 21	09:00 Altamont Speedway Free Festival (YT-L)	10:00 Chair Exercise for Seniors (L)	10:00 Rashmi Senior Yoga (L)
12:00 Mind Travel: Patagonia	10:45 Virtual Trivia (YT)	10:45 The Floor (Tubi)	09:30 A Spiritual Journey w/ Tim & Dale (L)	10:00 Senior Workout (L)	10:45 The Floor (Tubi)	10:45 Therapeutic Coloring (AR)
01:00 Spiritual Theater: The Encounter (Tubi)	12:00 After Lunch Bunch: Rider of Justice (Tubi)	12:00 Birthday Salute to James Stewart: The Philadelphia Story (Tubi)	10:30 Mind Travel: Taiwan (YT)	10:45 Person, Place or Thing (Tubi)	12:00 After Lunch Doc: Million Dollar Secret (NF-L)	12:00 After Lunch Movie: Farewell to Arms (Tubi)
03:00 Rummikub & More Bring a Friend or Two	01:00 Creative Corner: Jewelry by your Design	12:30 Favorite Series: The Last of Us (AR)	11:30 Taste of Woodbridge: TBD	12:00 Million Dollar Money Drop (Tubi-L)	02:00 Bingo (L)	02:00 Cash Floor (Tubi)
	02:00 Bingo (L)	02:00 Volleyball (DR)	12:00 After Lunch Movie: (Tubi) Waiting for the Barbarians	01:00 Men's Group w/ Trevor (L) Ladies Painting by Tutorial (AR)	03:00 Tabletop Games	03:00 Domino's! The More the Merrier
	03:00 George Strait: Country Concert (YT) (Victoria Day (Canada))	03:00 Breezeway Conversation & Refreshments!	02:00 Bingo	01:30 Ladies Painting Tutorial Chocolatechips (AR)	05:30 Movie & Popcorn: The Glass Dome (LR-NF)	
09:00 Animals Like us (Tubi) 25	09:00 National Memorial Day 26	09:00 Joan of Arc (YT) 20	03:00 Bridge w/ Brie	03:00 Entertainer: Randy McHugh (DR)		
10:00 Virtual Church Service: Dr. Charles Stanley	10:00 Time to exercise! (L)	10:00 Chair Aerobics (L)	04:00 Breezeway Conversation	09:00 The Monterey Pop Festival (YT-L) 22	09:00 Concert 23	09:00 One Hit Wonders of the 70's (YT-L) 24
12:00 Mind Travel: South Africa	10:45 PBS National Memorial Day Concert	10:45 The Floor (Tubi)	09:00 World of Oceans (Tubi) 28	10:00 Senior Workout (L)	10:00 Chair Exercise for Seniors (L)	10:00 Rashmi Senior Yoga (L)
01:00 Spiritual Theater: Greater (Tubi)	12:00 Memorial Day Movie: Hacksaw Ridge (Tubi)	12:00 Birthday Salute to Vincent Price: SHOCK (Tubi)	09:30 A Spiritual Journey w/ Tim & Dale (L) 28	10:45 Person, Place or Thing (Tubi)	10:45 AGT (YT)	10:45 Virtual Word Finds (YT-L)
03:00 Rummikub & More Bring a Friend or Two	12:00 Memorial Day Movie: Hacksaw Ridge (Tubi)	12:30 Favorite Series: The Last of Us (AR)	10:30 Mind Travel: Taiwan (YT)	12:00 Million Dollar Money Drop (Tubi-L)	12:00 After Lunch Movie: The Glass Dome (NF-L)	12:00 After Lunch Bunch: The Coffee Table (Tubi)
	01:00 Therapeutic Coloring (AR)	02:00 Volleyball (DR)	11:30 Taste of Woodbridge: TBD	12:30 Lunch & Learn (L)	02:00 Bingo (L)	02:00 Domino's! The More the Merrier!
	02:00 Bingo (L)	03:00 Breezeway Social: Floats Sundae, and Snacks Memorial Celebration	12:00 After Lunch Movie: (Tubi) Waiting for the Barbarians	01:30 Men's Group w/ Trevor (L) Ladies Painting by Tutorial (AR)	03:00 Tabletop Games	02:00 Domino's! The More the Merrier!
	03:00 Bio: Patrick D. Tillman Jr. (Memorial Day)		02:00 Bingo	03:00 Resident Council (L)	05:30 Movie & Popcorn: The Dad Quest (LR-NF)	02:00 Domino's! The More the Merrier!
			03:00 Bridge w/ Brie	04:00 Breezeway Conversation		03:00 Music to Play by
			04:00 Breezeway Conversation	09:00 Live Aid Concert (YT-L) 29	09:00 Animal Instincts (Tubi) 30	09:00 The Beach Boys in Concert (YT-L) 31
				10:00 Senior Workout (L)	10:00 Chair Exercise for Seniors (L)	10:00 The Beach Boys in Concert (YT-L)
				10:45 Person, Place or Thing (Tubi)	10:45 Yellowstone Journals (Tubi)	10:00 Chair Exercise for Seniors (L)
				12:00 Million Dollar Money Drop (Tubi-L)	12:00 After Lunch Movie: First Knight (Tubi)	10:45 Inside the Pack (Tubi)
				01:00 Men's Group w/ Trevor	02:00 Bingo (L)	12:00 After Lunch Bunch: Riders of Justice (Tubi)
				01:30 Ladies Painting by Tutorial (AR)	03:00 Tabletop Games (L)	02:00 Domino's! The More the Merrier!
				03:00 Tabletop Games (L)	05:30 Movie & Popcorn: (LR-NF) Million Dollar Secret	02:00 Domino's! The More the Merrier!
						03:00 Music to play by