







APRIL 2024 POTOMAC PLACE AL & IL CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>KEY CODE Red = Event Purple = Spiritual Green = Fitness Red = Outing Blue = Outdoor Social Brown = Movie</p>  <p>STRESS AWARENESS MONTH</p>	<p>09:00 The Beach Boys in Concert (YT-L) 1 10:00 Employee CPR (L) Word Within a Word (AR) 12:00 Musical Monday: Mary Poppins (Tubi -L) 02:00 BINGO (30 min) (L) Word Puzzles (AR) 02:30 AGT (YT-L) 03:00 Breezeway Social Hour Punch & Chips All Fools' Day</p>	<p>09:00 Concert: Resident's Choice (YT-L) 2 09:45 Sit and be fit – Instructor 12:00 Johnny Quest (YT-L) 01:00 BINGO (30) (L) 01:30 Individual Pursuits 02:00 Volleyball (DR) 03:00 Refresh & Reflect 03:30 Walking Club (BW)</p>	<p>09:30 Bible Knowledge (L) 3 Therapeutic Coloring 10:30 Story of Ruth (YT-L) Individual Pursuits 12:30 Mysteries Decoded (YT-L) 01:30 Drum Circle Exercise (L) 02:00 BINGO (30 min) 03:00 Group Board Games 04:00 Amazing Stories P1 (YT-L) 05:00 After Dinner TV (L)</p>	<p>09:00 Ed Sheeran Concert (YT-L) 4 09:30 Bible Stories (YT-L) The Book of Job 10:00 Noodle Workout (L) 01:30 Balloon Toss (L) 02:00 Zumba w/ Leslie (L) 03:00 BINGO (30 min) (L) 04:00 Triviaverse w/ Tina (NF-L) Interactive programming 05:00 Back in the TV</p>	<p>09:00 Garth Brooks Concert (YT-L) 5 10:00 Fitness Matters w/ Mary (L) 12:00 Academy Awards Most Nominated (YT-L) 01:30 Ball Toss (L) 02:00 BINGO (30 min) (L) 03:00 Weekend Wine Down Wine & Cheese Social 04:00 The Unexplained 05:30 After Dinner Movie: Mystery</p>	<p>09:00 Matinee Movie: Peppermint 6 12:00 Virtual Rosary / Gilligan's Island Individual Pursuits 01:00 Virtual Concert: Neil Sedaka The 50's (YT) 01:30 Blockbuster Movie: The Adam Project 03:00 Seventh Day Church Fellowship (L) Breakaway to the Breezeway</p>
<p>09:00 Tales of the Bible (YT-L) 7 10:00 Virtual Church Service (L) 11:00 Spring Dinner- Welcome Family & Friends (DR) 12:00 Virtual Rosary (YT-L) 01:00 Spiritual Theater: Penguin Bloom (NF-L) Individual Pursuits 03:00 Outdoor Adventures (Games & Conversation) Sci-fi Sunday: Star Trek</p>	<p>09:00 Rock & Roll Greats (YT- L) 8 10:00 Move it or lose it workout 12:30 "We bought a zoo" (Tubi-L) Refresh & Relax/ Individual Pursuits 02:00 BINGO (30 min) (L) 03:00 Breezeway Social Hour Ice-cream & Eclipse! 04:00 Favorite Series 05:00 Hollywood Squares Solar Eclipse Day </p>	<p>09:00 The Flintstones (YT-L) 9 09:45 Sit and be fit - Instructor 12:00 Individual Pursuits 01:15 BINGO (30 min) (L) Individual Pursuits 02:00 Volleyball (DR) 03:00 Refresh & Reflect 03:30 Walking Club (BW) 04:00 Jovial Jingles (YT-L) 11:00-01:00 Veteran's Lunch</p>	<p>09:30 Bible Knowledge (L) 10 Therapeutic Coloring 10:30 Story of David (YT-L) 10:30 Out on the Town: Target 12:30 Mysteries Decoded (YT-L) 01:30 Drum Circle Exercise (L) 02:00 BINGO (30 min) (L) 03:00 Action Theater (NF-L) 05:00 After Dinner TV</p>	<p>09:00 Billy Joel Concert (YT-L) 11 09:30 Noodle Workout (L) 10:00 Fleetwood Mac Concert (L) 01:00 After Lunch Movie: (NF-L) Leave the World behind 01:30 Homemade Cards w/ Leslie (AR) 02:30 BINGO (30 min) (L) 03:00 Balloon Toss (L) 04:00 You vs. the Wild (NF-L) 05:00 Game Show Network (L)</p>	<p>09:00 Phil Collins Concert 12 10:00 Fitness Matters w/ Mary 12:30 Midday Concert: Vince Gill Personal Pursuits 02:00 BINGO (30 min) (L) 03:00 Weekend Wine Down Wine & Cheese Social w/ Brach Cobb -Saxophone 04:00 Back in the day TV 05:30 After Dinner Movie: Comedy</p>	<p>09:00 Matinee Movie: We're the Millers 13 12:00 Virtual Rosary / 911 (Tubi) 12:30 Concert: Paul Anka 01:30 Blockbuster Movie: Don't look up 03:00 Breakaway to the Breezeway</p>
<p>09:00 Tales of the Bible (YT-L) 14 10:00 Virtual Church Service (L) 12:00 Virtual Rosary (YT-L) 01:00 Spiritual Theater: Soul Surfer (NF-L) 03:00 Outdoor Adventures (Games & Conversation) Sci-fi Sunday: Twilights Light Zone</p>	<p>09:00 Tony Bennett Concert 15 10:00 Move it or lose it workout 12:00 Yesteryear TV (YT-L) 01:30 Ball Toss (L) 02:00 BINGO (30 min) (L) 03:00 Breezeway Social Hour Cookies & Conversation 04:00 Believe it or Not (Tubi-L) 05:00 America Says (Tubi-L)</p>	<p>09:00 Concert: John Denver 16 09:45 Sit and be fit - Instructor 12:00 Stevie Nicks Concert (YT-L) 01:00 BINGO (30 Min) (L) 01:30 Western: The Magnificent Seven (YT-L) 02:00 Volleyball (DR) 03:00 Dining Forum (L) 03:30 Walking Club Twilight Zone (YT-L)</p>	<p>09:30 Bible Knowledge (L) 17 Therapeutic Coloring 10:30 Crafty Creations (AR) 12:30 Individual Pursuits 01:30 Word within a word (AR) 02:00 BINGO (30 min) (L) 03:00 Comedy Corner (NF-L) Breezeway Conversations 05:00 After Dinner TV (L) 10:30-02:00 Parkinson's & Friends</p>	<p>10:00 Noodle Workout (L) 18 12:00 Strange Evidence (YT-L) 01:30 Balloon Toss (L) 02:00 BINGO (30 min) (L) 03:00 Resident Council (L) 04:00 Unbreakable Kimmy Schmidt w/ Tina (NF-L) Interactive programming 05:00 After Dinner Movie</p>	<p>09:00 Bee Gees Concert 19 10:00 Fitness Matters w/ Mary 12:00 Oceans 11: George Clooney Individual Pursuits 02:00 BINGO (30 min) (L) 03:00 Weekend Wine Down Wine & Cheese Social 04:00 Mysteries Decoded (YT-L) 05:30 After Dinner Movie: Romance 01:00-04:00 Spring Open House</p>	<p>09:00 Matinee Movie: Tower Heist 20 11:00 Church of Ghanaians Fellowship & Chior 12:00 Virtual Rosary (L) / Tubi TV 12:30 Carpenters in Concert (YT) 01:30 Blockbuster Movie: Lift 02:00-04:00 Endless Possibilities Solutions – Crafts / Puzzles And Fellowship 03:00 Breakaway to the Breezeway</p>
<p>09:00 Tales of the Bible (YT-L) 21 10:00 Virtual Church Service (L) 12:00 Virtual Rosary (YT-L) 01:00 Spiritual Theater: Good Sam (NF-L) 03:00 Outdoor Adventures (Games & Conversation) Sci-fi Sunday: Outer Limits</p>	<p>09:30 Move it or lose it workout 22 10:00 BINGO (30 min) (L) 12:00 I made you Laugh! 01:00 Passover Movie: The Ten Commandments Individual Pursuits 03:30 Breezeway Social Hour Charades & Conversation 05:00 Family Feud Passover Begins Earth Day </p>	<p>09:00 Johnny Quest (YT-L) 23 09:45 Sit and be fit - Instructor 12:00 Way Back When TV (L) 01:00 BINGO (30 min) (L) 01:30 Individual Pursuits 02:00 Volleyball (DR) 03:00 Refresh & Reflect 03:30 Walking Club</p>	<p>09:30 Bible Knowledge (L) 24 10:30 Shadrach, Meshach and Abednego (YT-L) 11:30 Taste of Woodbridge: Harbour Grille- Dine on the Water 12:30 Mysteries Decoded (YT-L) 01:30 Drum Circle Exercise (L) 02:00 BINGO (30 min) (L) 03:00 Unexplained & Unexplored (YT) 05:00 After Dinner TV</p>	<p>09:00 Bewitched (YT-L) 25 10:00 Noodle Workout (L) 12:00 The Unexplained 01:30 Balloon Toss (L) 02:00 BINGO (30 min) (L) 02:30 You vs. the Wild (NF-L) 03:00 APRIL Birthday Salutes 04:00 Unwind your mind (NF-L) Interactive programming</p>	<p>09:00 Frankie Avalon Concert 26 10:00 Fitness Matters w/ Mary 12:00 Carol Burnett BD! The Carol Burnett Show! 01:00 Doc: Chernobyl 02:00 BINGO (30 min) (L)  03:00 Weekend Wine Down Wine & Cheese Social 04:00 Strange Evidence (YT-L) 05:30 After Dinner Movie: Thriller Arbor Day</p>	<p>09:00 Matinee Movie: Healer (Tubi – L) 27 12:00 Virtual Rosary (YT- L) 12:30 Roy Orbison Concert (YT) 01:30 Blockbuster Movie: No Letting Go (Tubi-L) 03:00 Breakaway to the Breezeway</p>
<p>09:00 Tales of the Bible (YT) 28 10:00 Virtual Church Service (L) 12:00 Virtual Rosary (YT-L) 01:00 Spiritual Theater: A week away (NF-L) 03:00 Outdoor Adventures (Games & Conversation) Sci-fi Sunday: Urban (YT) Legends (the Series)</p>	<p>09:00 20 Best Male Singers (YT) 29 10:00 Move it or lose it workout 12:00 Musical Monday: Willy Wanka (A) 02:00 BINGO (30 min) (L) 03:00 Music Social w/ Lalo Garcia 04:00 History's great Mysteries (YT-L) 05:00 Jeopardy</p>	<p>09:00 Country Concert 30 09:45 Sit and be fit - Instructor 12:00 Music Videos 01:00 BINGO (30 min) (L) Individual Pursuits 02:00 Volleyball 02:30 Refresh & Reflect 03:30 Walking Club</p>	<p>BIRTHDAY SALUTE:</p> <div style="display: flex; justify-content: space-around; align-items: center;">  <div style="text-align: center;"> <p><i>John E. 04-14</i> <i>Bob S. 04-22</i> <i>Queen 04-24</i></p> </div>  </div> <p>Life Enrichment is subject to change based on preference of the Resident and /or coinciding appointments on Tuesdays and Thursdays.</p>			