

QUESTIONS TO ASK

When Shopping for Senior Living

Thank you for your interest in Potomac Place! We understand that you may be visiting other communities as you choose the best place to be your new home. It can be a confusing process, especially if you are exploring senior living for the first time. To make the process easier for you and your family, we've created this "side-by-side comparison" form to help as you explore various options. Should you have more questions about Potomac Place, don't hesitate to contact us! **703-494-3817 • potomacplace.com**

Potomac Place Assisted Living

What types of senior living options are available?

- Independent Living
- Assisted Living
- Memory Care
- Respite (short-term) Care
- Vacation Stay
- On-site Rehabilitation, including:
 - Physical Therapy
 - Speech Therapy
 - Occupational Therapy
- Nursing Home

What is the leasing commitment?

Convenient, month-to-month lease with no large entrance fee.

What are the costs and fees?

All inclusive monthly rate; no surprise or hidden fees. Potomac Place accepts payments from VA Aid & Attendance and long-term care insurance. Should a resident's financial status change, grants are available.

Is the community privately or corporately owned?

Potomac Place has been privately owned since 1987. Professionally managed by CSM, Inc. (www.csmmanagement.com).

Is a licensed nurse on site 24 hours a day, 7 days a week?

Yes. A registered or licensed nurse is on-site and on duty 24 hours a day, 7 days a week.

Is there an extra charge for medication administration?

Medication administration is included in each care level fee or may be added à la carte.

Are there daily activities offered in the building?

Yes, there is a full calendar with activities for various interests. For memory care, the Reflections program offers great activities and a variety of therapies for those with dementia.

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Potomac Place Assisted Living

Is transportation available for residents?

Potomac Place's minibus transportation service takes residents to medical appointments, shops, festivals, museums, restaurants, and more.

What is the food like?

Chef Robert Osborne studied at SUNY Cobleskill and tastefully incorporates seasonal produce into his nutritious, crowd-pleasing dishes.

What type of apartment options are offered?

Potomac Place offers the largest senior apartments in the area, including studios, one bedroom, and two bedrooms. Many feature a private balcony or patio and all have a full kitchen! (Memory care has private or companion studios, one bedroom, and two bedroom apartments.)

Is the building elevator-equipped?

Yes - elevators are centrally located to provide easy access to all of the building's wonderful spaces and amenities.

Is the staff friendly?

The team at Potomac Place takes pride in being a kind, welcoming group!

Additional on-site services and amenities?

- Beauty salon / barber shop
- Emergency generator
- Complimentary WiFi throughout the building
- Transportation to shopping, medical appts.
- Physician visits and clinical services offered on-site, including geriatric psychologist, podiatry, portable x-rays, phlebotomy, and home health.
- Complimentary, self-service laundry
- Weekly (at minimum) housekeeping service including laundering of bed and bath linens

NOTES

Private owners have created Potomac Place to be a mission-based community that is resident-centered

Unique "Reflections Memory Care Program," unlike any other in the area focused on each individual resident



703-494-3817 • PotomacPlace.com
2133 Montgomery Ave. • Woodbridge, VA

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