

Normal Aging vs. Dementia



Join us for a **virtual** discussion on the changes that occur with age, warning signs of a memory problem, and what to do if someone you love is experiencing symptoms.

Wednesday, July 29
starting at 2:00 PM



This program is presented by **Lindsey Vajpeyi**, Director of Education and Outreach at **Insight Memory Care Center**. Lindsey has dedicated her career to working with older adults who live with dementia and their caregivers. She is currently a Certified Dementia Practitioner®, a Certified Alzheimer's Disease and Dementia Care Trainer®, has an Activity Director Certification with specialization in Memory Care, and is a Certified Master Trainer with the Best Friends Approach to Dementia Care™.



This virtual program is free and open to the public. To register, call Potomac Place at 703-494-3817 or find the virtual event calendar at insightmcc.org/events.



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