

SAMPLE DAILY MENU

The Woodlands Dining Room
at Potomac Place

Breakfast

Westmoreland Farms Berry
Stuffed French Toast
Bacon or Sausage
Susan's Homemade Banana Bread

EVERYDAY OPTIONS

Eggs Made-to-Order
Assorted Hot and Cold Cereals
Seasonal Fresh Fruit
Toast or English Muffin

Available Daily

Fresh Fruit
Open Salad Bar
Homemade Soup of the Day
Made-to-Order Sandwiches

Lunch

Red Snapper with Lemon
Buerre Blanc
Whipped Mashed Potatoes
Asparagus
Lunch Sandwich of the Day:
Turkey Club
Lunch Soup of the Day:
Tomato Basil
Dessert: Caramel Cheesecake

Dinner

Red Wine Braised Beef Tips
Old Fashioned Egg Noodles
Roasted Carrots
Dinner Sandwich of the Day:
Pulled Chicken Sandwich
with Baked Beans
Dessert: Lemon Cake



POTOMAC PLACE

ASSISTED LIVING AND MEMORY CARE

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