



POTOMAC PLACE

2133 Montgomery Avenue, Woodbridge, VA

potomacplace.com • 703-494-3817

ASSISTED LIVING & MEMORY CARE



Thank you to our local American Heritage Girls Troop, who visited to give our residents handmade cards!

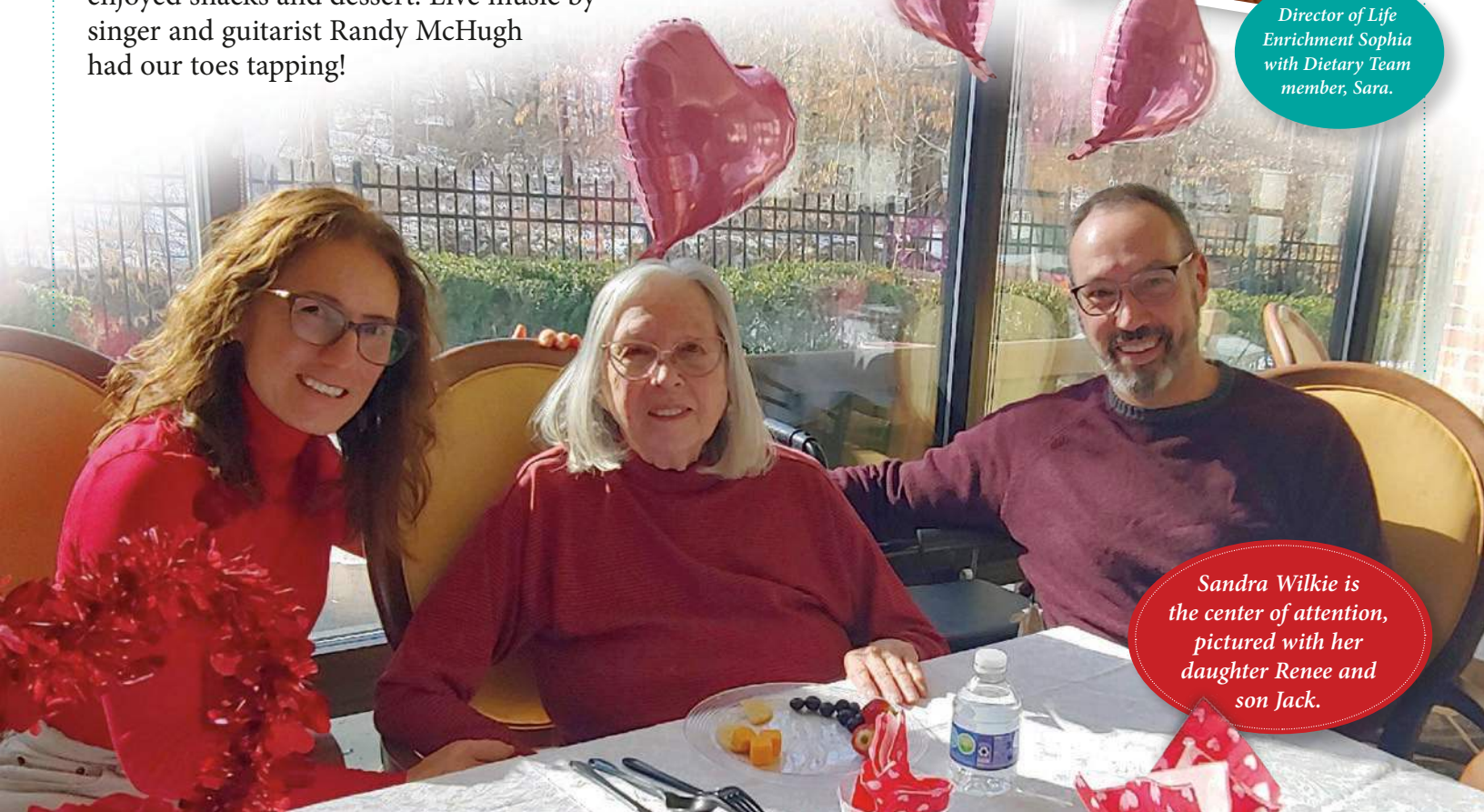


The family of Eileen Lucas (below left in pink) gathers around the table for quality time and smiles!



Director of Life Enrichment Sophia with Dietary Team member, Sara.

The theme of our Valentine's Day social was "Roses and Romance." Heart-shaped balloons, red heart centerpieces, and scattered rose petals helped create a special ambiance in the dining room while we enjoyed snacks and dessert. Live music by singer and guitarist Randy McHugh had our toes tapping!



Sandra Wilkie is the center of attention, pictured with her daughter Renee and son Jack.

Jingle All the Way

Our Christmas Brunch with Santa and Mrs. Claus (and a special elf!) was full of love, laughter, and giving.

Many families captured beautiful photos of their time together. Thank you to our amazing team and wonderful residents for making the holidays a special time. Residents were also grateful to our friends at Mary Kay for handing out self-care gifts to residents in honor of the holiday season.

A happy Virginia White lets Santa know what she'd like for Christmas.



Julia Golden and her daughter, Patty.



Our friends at Mary Kay (on right) passed out glamorous goodies for all.

Emily Jean Meir and family enjoy a visit with Santa!



Laura Haggerty and her son, Bob.



Life Enrichment Coordinator (and part-time Elf) Debra Terry and Marian Ramsey.



Leslie Vay puts the finishing touches on his Nativity, and poses proudly with his son, Robert in front of the tree (bottom right).



Michael Lynch and community friend, Susan.

Nativity Nostalgia

A small Nativity set or scene is a common Christmas decoration for families around the world. Carved Nativity sets, also known as crèches, date back centuries. It's believed that the first live crèche was created by Saint Francis of Assisi in 1223 in the town of Greccio, Italy. Our residents took part in the time-honored tradition by creating their own Nativity sets with some help from our team and family members.

The results were lovely!



Frieda Howden, pictured with her daughter Sandy, finds the perfect place for her Nativity.



The Coordinated Services Management Community Family

Chesterbrook Residences
Residential Living, Assisted Living
Falls Church, Virginia • 703-531-0781

Marian Manor
Assisted Living,
Intensive Assisted Living
Virginia Beach, Virginia • 757-456-5018

Mennowood
Independent Living, Assisted Living,
Memory Care
Newport News, Virginia • 757-249-0355

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Assisted Living, Memory Care,
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Residential Living, Assisted Living,
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Assisted Living, Memory Care,
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St. Mary's Woods
Residential Living, Assisted Living
Richmond, Virginia • 804-658-2085

Tall Oaks Assisted Living
Assisted Living, Memory Care
Reston, Virginia • 703-834-9800



CSM Senior Living Management

Introducing lifeloop

We are excited to debut LifeLoop, our new communication and life enrichment platform designed to help loved ones stay more connected to residents' daily experiences. LifeLoop provides a secure way to stay "looped" in.

- View daily and monthly activity calendars
- See photos and updates from community events
- Receive important announcements and reminders
- Message our Life Enrichment team
- Stay connected to what matters most in your loved one's day-to-day life
- Send free weekly postcards to your loved one (we're really excited about this fun feature!)

Questions?
Contact our
Director of Life
Enrichment.

In early 2026, families will receive an invitation email with instructions about how to create a LifeLoop account. Be on the lookout for this important email!



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