

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



December 2018

Rose Wing Monthly Calendar

<p>10:00 Spiritual Hymns and Morning Prayer 2 10:30 Let's Get Moving 11:00 Guess the Missing Letter? 1:30 Hanukkah Begins: The Festival of Lights 2:00 Afternoon Trivia 2:30 Funny Videos 3:00 Helping Hands 3:40 Occoquan Bible Church Caroling 4:00 I Hear Memories: 1950's Holiday Songs</p>	<p>10:00 Roll, Ball, Bounce 3 10:30 Bean Bag Twister 11:00 Good Morning Rose Wing: Greetings & Salutations 1:30 Afternoon Stretch & Tone 2:00 Plop, Plop, Fizz Fizz Alka Seltzer Lava Lamp Experiments 2:45 Cookie Cutter Fun 3:15 Hand Massages 3:45 Soothing Sounds of Pavarotti First Day of Hanukkah</p>	<p>10:00 Good Morning Potomac Place 4 10:30 Coffee & Conversation 11:00 Color Creations: Beautiful Holiday Scenery & Décor 1:30 Bible Study 2:00 Grooving & Moving to The Beat 2:30 Snack & Social: Cookies and Milk 3:00 Which One Doesn't Belong? 3:30 Relaxation Hour</p>	<p>10:00 Get Moving 5 10:30 Crafter's Corner: Snowfall Art 11:00 States That Get the Most Snow 1:30 Noodle Ball w/Brigitte 2:00 Cheers Happy Hour: Sparkling Apple Cider & Fruit 2:30 Let's Sum it Up! 3:00 Dance to The Music 3:30 Holiday Short Stories</p>	<p>10:00 Music & Movement 6 10:30 Board Games & Puzzles 11:00 Brain Fitness 1:30 Our Daily Bread/Jesus is Calling 2:00 Toss & Talk 2:30 Crafter's Corner: Beaded Pipe Cleaner Snowflakes 3:15 Classic Songs Sing-A-Long 4:00 Andy Griffith</p>	<p>10:00 Morning Greetings and Salutations 7 10:30 Indoor Soccer 11:00 End w/ "R" 1:00 Reminiscing w/Harry 2:00 Cooking Club: Eggnog dip 2:30 Discussion: Remembering Pearl Harbor 3:00 Identifying Popular Christmas and Other Holiday Symbols 3:30 Finish the Phrase</p>	<p>10:00 Can You Locate the Marble? 1 10:30 Morning Stretch & Tone 11:00 Holiday Sing-A-Long 1:30 Cooking Club: Marshmallow Snowmen 2:15 All Faith Christian Service 3:00 Cooking Club: Apple Pie in a Cup 3:30 Garden Club: Apple Exploration 4:00 Interactive Reading: Johnny Appleseed</p> <p>9:30 Chair Fitness w/ Fuzion Fitness 8 10:00 Art Club: Gingerbread House Decorating 11:00 Christmas Coloring 1:15 Art Club: Snow Man Door Decor 2:15 Christian Service w/Pastor Harvey 2:30 Caroling by First Baptist Church/LB 3:30 AL & RW Balloon Volleyball Game 4:00 Finish the Phrase 5:30 Singin' In the Rain</p>
<p>9:30 Morning Zumba Gold 9 10:00 Art Club: DIY Ornaments 10:45 Holiday Tunes w/ Joseph's Rainbow 11:15 Helping Hands 1:00 Music & Imagery 1:30 Trivia Hot Seat 2:00 Sunday Hymn Sing-A-Long 3:00 Art Club: Group Christmas Tree 4:00 Finish That 40's Song 5:00 Fairfax Baptist Service Live Stream</p>	<p>10:00 Wake Up Potomac Place 10 10:30 Early Morning Fitness 11:00 Fill in The Missing Letter 1:30 In Between the Lines 2:00 Aromatherapy: What's That Smell Coming From The Kitchen? 2:30 Shine Your Light Game 3:15 Afternoon Manicures 3:45 Beautiful Holiday Images from Around the World</p>	<p>10:00 Good Morning Potomac Place 11 10:30 Scenic Drive 10:30 Let's Get Moving 11:00 Flower Arranging: Poinsettias 1:30 Bible Study 2:00 Who Am I? 2:30 Ends w/ "Y" 3:00 Tray Divide: Fruits & Vegetables 3:30 World Map Day: Where Have You Traveled?</p>	<p>10:00 Strengthen & Stretch 12 10:30 Today in History 10:45 Let's Decorate Gingerbread Cookies 1:30 Funny Holiday Stories 2:00 Name That Movie Star 2:30 Tables of Engagement 3:00 Afternoon Holiday Sing-Along 3:30 Humor Hour 4:00 Holiday Classical Music Hour</p>	<p>10:00 Rise & Shine Fitness 13 10:30 Rudolph the Red Nose Reindeer Craft 11:00 Junk Drawer Detective 1:30 Jesus is Calling/ Our Daily Bread 2:00 Crafter's Corner: Snowflakes 2:30 Sink or Float? 3:00 12 Days of Christmas: Celebration Kick Off 3:30 Tell Me A Joke</p>	<p>10:00 Morning Greetings 14 10:30 Get Fit 11:00 Morning Music Circle 1:00 Reminiscing w/Harry 2:00 Monkey Day: Making Banana Splits 2:45 Rhyme Time 3:15 Balloon Volleyball 3:45 National Velvet Anniversary: A Look Back at Elizabeth Taylor</p>	<p>10:00 Morning Exercise 15 10:30 The December Gazette 11:00 Tables of Engagement 1:30 Roll, Ball, Bounce 2:15 All Faith Christian Service 2:45 Cupcake Day: Baking Cupcakes 3:00 Woodbridge Catholic Young Adult Carolers 3:30 Designing Bookmarks 4:00 Classic Novels & Bestsellers Quotes</p>
<p>10:00 Morning Hymns & Prayers 16 10:30 Exercise Fun 11:00 Design Your Christmas Stocking 1:30 Mount Fuji Eruption Anniversary: Baking Soda Volcano Demonstration 2:00 Hand Massages 2:15 Snack & Social: Smores & Milk 3:00 Afternoon walk 3:30 I Love Lucy</p>	<p>10:00 Good Morning Potomac Place 17 10:15 Ring Toss 10:30 Holiday Party w/Brian Rudolph 1:30 Afternoon Fitness 2:00 Holiday Ornament Making: Elf Craft 2:30 Popular Christmas Movie Lines 3:00 Ring-A-Ding Dong: Ringing of Holiday Bells 3:30pm It's a Wonderful Life</p>	<p>10:00 Match It Up 18 10:30 Tree Toppers: Angels & Stars 11:00 Relaxation and Stretching 1:30 Bible Study 2:00 Cooking Club: Goopy Brownie Bars 2:45 Christmas: What It Means to Me 3:15 Mail Call: What's in the Mail Today? 3:45 Betty Grable Day Discussion</p>	<p>10:00 Writing Letters to Santa Claus 19 10:30 Christmas Mural 11:00 Sit & Be Fit 1:30 History & Singing of Wassailing 2:00 Crafter's Corner: Button-Up Greetings Cards 2:30 Grab Bag: What's In The Bag? 3:00 Identify the Hard Candy Game 3:30 Sing-A-Long: Spiritual Holiday Classics</p>	<p>10:00 Pinecone Christmas Tree Art 20 10:30 Morning Exercise 11:00 Mix & Match Worksheet 1:30 Our Daily Bread/Jesus is Calling 2:00 Christmas Bingo Fun 2:30 Hokey Pokey Dance 3:00 EZ Trivia 3:30 Irene Dunne Day</p>	<p>10:00 The Morning Report 21 10:30 The First Day of Winter: What Does the Farmer's Almanac Predict This Year? 11:00 Ugly Sweater Parade & Discussion 1:00 Reminiscing w/ Harry 2:00 Caroling w/ American Heritage Girls Troop 2:30 Afternoon Fitness Extravaganza 3:00 Candy Cane Race 3:30 Word Unscramble: All Holiday Winter Begins</p>	<p>9:30 Chair Fitness w/ Fuzion Fitness 22 10:30 Music with a Touch of Home/DR 11:00 Morning Walk 1:00 Helping Hour 1:30 Say It with Music 2:00 Christian Service w/Pastor Harvey 2:45 Get Up and Get Moving 3:15 Christmas BINGO 3:45 Art Club: Christmas Tree Plates</p>
<p>9:30 Chair Exercise 23 10:00 Music & Imagery 10:30 Art Club: Ariel Snowmen 11:00 What Rhymes With...? 1:00 Scategories 1:30 Sunday Hymn Sing-A-Long 2:30 Biscuit Bar Social w/ GOCC Caroling 3:00 Dancing & Singing Session w/ Staff 3:30 What's My Profession 4:00 Elvis Presley Concert 5:00 Fairfax Baptist Service Live Stream</p>	<p>10:00 Good Morning Potomac Place 24 10:30 Holiday Color Creations 11:00 Morning Exercise 1:30 Christmas Sing-A-Long 2:00 T'was the Night Before Christmas w/Hot Chocolate 2:15 Around the World Santa Claus 2:30 National Egg Nog Day 3:00 Christmas Crossword Puzzles 3:30 Finish the Famous Christmas Movie</p>	<p>10:00 Greetings and Salutations! 25 10:15 Morning Prayer & Christmas Mass From the Past 10:30 Christmas Traditions Discussion 11:00 Christmas Big/Little Word 1:30 Sensory Tables 2:00 In Between the Lines 2:30 Golden Oldies Movie Quiz 3:00 Bean Bag Twister 3:30 It's a Wonderful Life Christmas Day</p>	<p>10:00 Sit & Be Fit 26 10:30 Identify the Animal 11:00 Word Searches & Puzzles 1:30 Hand Massages 2:00 Cooking Demo: Spicy Orange Cider 2:30 Interactive Story: New Christmas Traditions 3:00 Mixed Up Months 3:00 Christmas Lights Slideshow Kwanzaa Begins</p>	<p>10:00 Can You Picture This? 27 10:30 National Fruitcake Day: The History of Fruitcake 11:00 Morning Fitness 1:30 Jesus is Calling/Our Daily Bread 2:00 Balloon Volleyball 2:30 Hard vs. Soft 3:00 Math Facts 3:30 Where's The Marble?</p>	<p>10:00 Sequencing Games 28 10:30 Exercise Fun 11:00 Change the First Letter 1:00 Reminiscing w/ Harry 2:00 Toss & Talk 2:30 Sensory Stockings 3:00 Afternoon Bingo 3:30 Classic Crooners: The Rat Pack</p>	<p>10:00 Sit & Be Fit 29 10:30 Good Morning Potomac Place 11:00 Ends w/ "R" 1:30 Finish the Phrase 2:15 All Faith Christian Service 2:45 Guess That Sound 3:15 Color Creations 3:30 Dog & Cat Clips</p>
<p>10:00 Moving & Grooving to The Beat 30 10:30 Crafter's Corner: Painting Crosses/Doves 11:00 Morning Hymns & Prayer 1:30 Roll, Ball, Bounce 2:00 Tables of Engagement 2:30 Pastimes: Quilting 3:00 Match Game: Is This a Match? 3:30 Bewitched</p>	<p>10:00 Countdown to 2019 31 10:30 Greetings & Salutations 11:00 Morning Fitness 1:30 New Year's Eve Traditions 2:00 Color Creations: New Year Eve Symbols & Signs 2:30 New Year's Eve Party Shindig/DR 3:30 Clips from New Year's Past: Let's Watch the Ball Drop! New Year's Eve</p>	<p>May Lovely, Happy Times Decorate your Holiday Season. May Warm Special Memories Brighten your New Year, May the Wonder of Christmas Be with You Forever.</p> <p>Season Greetings & Happy Holidays!</p>				