

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# November 2018

## Rose Wing Monthly Calendar

				<p>10:00 History of All Saints Day  <b>10:30 Crafter's Corner: Crosses</b>  11:00 Morning Fitness  1:30 Jesus is Calling/Our Daily Bread  <b>2:00 Cooking Club: Spiced Pumpkin Cookies</b>  2:45 Sing-A-Long  3:00 Math Facts  3:30 Where's The Marble?  4:00 Famous November Birthdays</p>	<p>2  10:00 Good Morning Potomac Place  10:15 Fill the Tub  10:45 Bean Bag Twister  <b>1:00 Reminiscing w/ Harry</b>  2:00 Afternoon Exercise  2:30 Hand Massages &amp; Soothing Music  3:00 Five Clues: What is it?  3:30 Nursery Rhyme Fun  4:00 Country Music Classics</p>	<p>3  10:00 Soothing Jazz Music on the Patio  10:30 Sit &amp; Be Fit  11:00 Scenic Views  1:30 Finish the Phrase  <b>2:15 All Faith Christian Service w/ Pastor Harvey</b>  2:45 Roll Ball Bounce  3:15 Color Creations  3:45 Funny Videos: Baby Clips</p>
<p>4  10:00 Morning Hymns &amp; Prayers  10:30 Stretch &amp; Tone  11:00 Starts w/ "K"  1:30 Hand Massages  <b>2:15 National Candy Day Discussion &amp; Treats</b>  2:45 This Day in History  3:00 Dragnet Radio  3:30 Noodle Ball  4:00 Timeless Trivia  Daylight Saving Time Ends</p>	<p>5  10:00 Sit &amp; Be Fit  10:30 Junk Drawer Detective  11:00 Wake Up Potomac Place  1:30 Ring Toss Game  <b>2:00 Happy Birthday Roy Rogers!! All about Roy Rogers</b>  2:30 Treasures from the Attic Discussion  3:00 Missing Last Letter  3:30 Flower Arranging  4:00 You Be The Judge</p>	<p>6  10:00 Match It Up!  <b>10:30 Crafter's Corner: Poppy Collage Making</b>  11:00 Relaxation &amp; Stretching  <b>1:30 Bible Study</b>  <b>2:00 Cooking Club: Pineapple Banana Twinkie Cake</b>  2:45 Big Word Little Word  3:15 Famous Presidential Quotes  3:45 Presidential Campaigns</p>	<p>7  10:00 Morning Greetings &amp; Salutations  10:15 Current News and Events  10:30 Bowling Fun  <b>11:00 Pet Visit w/ Lucky</b>  11:15 Identify the Letter  <b>1:30 Noodle Ball w/ Linda</b>  2:00 Sink or Float?  <b>2:15 Snack &amp; Chat</b>  2:45 Dear Santa Letter Week  3:15 I've Been Working on the Railroad: Discussion About Railroads</p>	<p>8  10:00 L.E.A.F. Category  10:30 Morning Fitness  <b>11:00 Crafter's Corner: Paper Bag Pumpkins</b>  <b>1:30 Scenic Ride</b>  1:30 Andy Griffith  2:00 EZ Does It Trivia  2:30 Sensory Tables: Touch, Smell, Taste &amp; Sight  3:15 Soothing Sounds of Nature</p>	<p>9  10:00 Get Moving  10:30 All About Good Nutrition  <b>11:00 All About the Historic Blackout of 1965</b>  <b>1:00 Reminiscing w/ Harry</b>  2:00 Bean Bag Twister  2:30 All About Nuts &amp; Peanut Butter  <b>3:00 Cooking Club: Peanut Butter &amp; Jelly Sandwiches</b>  3:30 Scenic Views of Fall</p>	<p>10  9:30 Chair Fitness w/ Fuzion Fitness  10:00 Art Club: Collage Art  11:00 Dance Session w/Zoie  1:30 Test Your Knowledge  <b>2:15 Christian Service w/Pastor Harvey</b>  <b>2:30 Mrs. Jones Piano Studio Recital/DR</b>  2:45 Suzie Q Sing-A-Long  3:30 AL &amp; RW Sing &amp; Dance Fun  4:00 Alpha, Bravo Charlie Word Games  5:30 Singin' in the Rain</p>
<p>11  9:30 Morning Zumba Gold  10:00 Art Club: Yarn Sticks  10:45 Where is the Garden State?  11:15 Helping Hour  1:00 Music &amp; Imagery  1:30 Word Topic Games  <b>2:00 Sunday Hymn Sing-A-Long</b>  <b>3:00 Art Club: Sharpie Art</b>  4:00 Finish That 50's Song  <b>5:00 Fairfax Baptist Service Live Stream</b>  Veterans Day (US)  Remembrance Day (Canada)</p>	<p>12  <b>10:00 Nature Watching w/ Hot Cocoa</b>  10:30 Fitness Fun  11:00 Tongue Twisters  1:30 Indoor Soccer  <b>2:00 National Pizza Day: Let's Make Pizza</b>  2:45 All About Princess Grace... From Hollywood to Royalty  3:15 Symbols of the Monarchy  3:45 Name That Tune  4:15 Brain Fitness</p>	<p>13  10:00 What's in the Treasure Chest?  10:30 What Do You Treasure?  11:00 Moving &amp; Grooving to The Beat  <b>1:30 Bible Study</b>  2:00 Roll, Ball, Bounce  2:30 Color Creations  3:00 Rhyme Time  3:30 Chicken Soup for the Soul: Inspiring Stories from The Heart  4:00 Doll Therapy</p>	<p>14  10:00 Rise &amp; Shine Fitness  10:30 Nutrition Hour: Fruits &amp; Vegetables?  11:00 Flower Arranging  <b>1:30 Balloon Volleyball w/ Linda</b>  2:00 American Teddy Bear Day Discussion  2:30 Hard vs Soft  3:00 Heirloom Day Discussion  3:30 Ends w/ "E"  4:00 Afternoon Hand Massages</p>	<p>15  10:00 Grouping: What Items Belong Together?  10:30 Exercise Fun  11:00 Guess the First Letter  1:30 Jesus is Calling  <b>2:45 Snack &amp; Chat: Caramel Apples</b>  <b>3:15 Live Pumpkin Carving &amp; Baking of Pumpkin Seeds</b>  4:00 Classic Crooners</p>	<p>16  10:00 Strengthen &amp; Tone  <b>10:30 Arts &amp; Crafts: Bracelet Making</b>  11:00 Finish the Song Lyric  <b>1:00 Reminiscing w/ Harry</b>  2:00 Afternoon Stretches  2:30 Snack &amp; Chat  3:00 Color Creations  3:30 Susie Q: Sing-A-Long</p>	<p>17  10:00 Good Morning Sunshine.... You Are My Sunshine  10:15 Morning Workout  11:00 World Peace Day Discussion  1:30 Recognizing Symbols of Peace  <b>2:15 All Faith Christian Service w/Pastor Harvey</b>  <b>2:45 Color Creations: Signs of Peace</b>  3:15 Happy Birthday Roy Harold Scherer Jr: Movie: All that Heaven Allows</p>
<p>18  10:00 Morning Hymns and Prayers  10:30 Let's Give Thanks  11:00 Morning Workout  1:30 TED Talk: Talking Birds  2:30 My Three Sons  3:00 Reading of Mother Goose Nursery Rhymes: Read Along  3:30 I Hear Memories  4:00 Glen Miller Classics</p>	<p>19  10:00 Today in History  10:30 Moving &amp; Grooving  11:00 Gettysburg Address: Reliving History  1:30 In Between the Lines  <b>2:00 Sensory Group: What's That Smell</b>  2:30 Ends w/ "L"  3:00 One, two, three go! How Fast Can You Throw?  3:30 What's for Dessert?  4:00 Colorful Songs</p>	<p>20  <b>10:00 Crafter's Corner: Let's Give Thanks Mural</b>  11:00 Pick A Feather: Reasons Why We Give Thanks  <b>1:30 Bible Study</b>  2:00 Afternoon Workout  2:30 Find the Differences  3:15 Say Cheese: The History of the Passport  4:00 Fred &amp; Ginger's Best Dance Numbers</p>	<p>21  10:00 Ribbon Dancing  10:15 Good Morning Potomac Place  10:30 Countdown to Thanksgiving Dinner  <b>11:00 Pet Visit w/ Lucky</b>  11:15 Synonyms For The Word "Hello"  <b>1:30 Noodle Ball w/ Linda</b>  <b>2:00 Easy Pumpkin Pie A La Mode</b>  2:45 Ella Fitzgerald: Amateur Night at the Apollo  3:15 World Hello Day: How Do Other Cultures Say "Hello"  4:00 International Music</p>	<p>22  10:00 Morning Prayer of Thanks  10:15 Rise &amp; Shine Morning Exercise  10:45 Macy's Thanksgiving Day Parade  <b>11:15 History Channel: The First Thanksgiving</b>  1:30 Holiday Sing-Along  2:00 Remembering President John F. Kennedy... His Life &amp; Legacy  3:00 Most Popular Food Items Eaten on Thanksgiving  4:00 Holiday Music Hour  Thanksgiving Day (US)</p>	<p>23  10:00 The Morning Report  10:30 Native American Heritage Day  11:00 Making Native American Headdress Feathers  <b>1:00 Reminiscing w/ Harry</b>  2:30 Afternoon Fitness Extravaganza  3:00 Turkey Leftovers: Things That Taste Better The Day After  3:30 Word Unscramble: All things Thanksgiving &amp; The Day After  4:00 I Love Lucy</p>	<p>24  9:30 Chair Fitness w/ Fuzion Fitness  <b>10:00 Art Club: Rock Painting</b>  11:00 Morning Floor Walk  1:00 Helping Hour  1:30 Cooking Club: Apple Donuts  <b>2:15 Christian Service w/Pastor Harvey</b>  2:45 Get Up and Get Moving  3:15 Parachute Fun  3:45 Rhythm Band Hour  4:00 Trivia Hour</p>
<p>25  9:30 Chair Exercise  10:00 Music &amp; Imagery  10:30 What Rhymes With...?  11:00 Are You a Predator?  1:00 Scattogories  1:30 Suzie Q Sing-A-Long  <b>2:00 Cooking Club: Parfaits</b>  2:30 Word Games  3:00 Dancing &amp; Singing Session w/ Staff  3:30 What's My Profession  4:00 Elvis Presley Concert  <b>5:00 Fairfax Baptist Service Live Stream</b></p>	<p>26  10:00 Hoop action  10:30 Word Association  <b>11:00 The Price is Right Day: Interactive Game and Questions</b>  1:30 Afternoon Fitness  2:00 Cyber Monday: What is it?  2:30 Hard vs Soft game  3:00 Tongue Twisters  3:30 All About Tina Turner  4:00 Cute Cat &amp; Dog Videos</p>	<p>27  10:00 Good Morning Potomac Place  10:30 Wake Up &amp; Shine Potomac Place  <b>11:00 Famous Couples Game</b>  <b>1:30 Bible Study</b>  2:30 Ends w/ "Y"  3:00 Tray Divide: Fruits &amp; Vegetable  3:30 Sing-A-Long  4:00 Afternoon Manicures</p>	<p>28  10:00 Which word doesn't belong?  11:00 Rockefeller Center Christmas Tree Lighting: History &amp; Video  <b>1:30 Balloon Volleyball w/ Linda</b>  2:00 Color Creations: Holiday Theme  <b>2:30 Cooking Club: Hot Spiced Cider</b>  3:00 Stretch &amp; Tone  3:30 French Toast Day: Fun Facts  4:00 Who Am I?</p>	<p>29  10:00 Let's Get In Shape  10:30 Square Dancing: One, two, Do-Si-Do  11:15 Popular Country Songs  1:30 Bible Study w/ Brigitte  2:00 Different Shapes Found in the World  <b>2:45 Lemon Cream Pie: Recipes &amp; Samples</b>  3:30 Finish The Phrase  4:00 Doll Therapy</p>	<p>30  10:00 Nature Walk &amp; Bird Watching  10:30 Morning Exercise  11:15 What's Wrong with this Picture?  <b>1:00 Reminiscing w/Harry</b>  2:00 Bean Bag Twister  2:30 Hodges Meteorite Day: What is a Meteorite?  3:00 Decoding the Message  4:00 Flower Slideshow</p>	<p>"There is always, always something to be thankful for."</p>