

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# BLACK HISTORY MONTH



<p>9:00 Morning Social/ LR 9:15 Catholic Service/ L 10:00 Sit &amp; Be Fit/ LR 11:00 Humor/ LR 2:00 Sunday Bingo/ L 3:00 Crossword Puzzles/ LR 4:00 Social Hour/ LR 6:30 Super Bowl Celebration— Patriots at Falcons/ LR</p>	<p>9:00 Doctor Appointments 9:00 Flower Arrangement with Elaine Duke/ AC 10:45 One-on-One 1:00 Bible Study with Jason/ L 2:00 Hangman/ LR 3:00 Tennis/ L 4:00 Senior Moment/ LR 6:00 Evening Movie/ LR</p>	<p>9:15 Trip to Wal-Mart 9:30 Rosary with Claudia/ L 10:00 Stretch and Strength/ LR 11:15 Men's Lunch Outing to Five Guys 1:15 Popcorn &amp; Jokes/ L 2:30 Math Count Up 1 to 4/ LR 3:00 Crosswords/ LR 6:00 Potomac Place Presents- Heart to Heart/ L</p>	<p>9:00 Doctor Appointments 10:00 Chair Dancing/ LR 10:45 February IQ/ LR 1:15 Going Bowling 2:00 Rummikub/ LR 3:15 Community Dance/ LR 3:45 Trivia with Betty/ L 6:00 Refraze- It's a name/ LR</p>	<p>9:30 Parachute and Ball/ L 10:45 Black History Month Bios / LR 1:30 Karaoke/ L 2:45 Dice Bingo/ L 3:45 Trip to Dollar Store 4:00 Pet Therapy/ LR 6:00 Bingo with Linda/ L</p>	<p>9:00 Doctor Appointments 10:00 Reminisces About Our Life &amp; Times with Harry/ L 1:15 Manicures/ AR 2:00 Concert with Kate Kettle /LR 3:15 Watch It Game/ LR 3:45 Tic Tac Toe/ LR 4:00 Can you name 5.../ LR 6:00 Stretch and Tone/ L</p>	<p>10:00 Sit and Get Fit/ LR 10:45 Fun and Fellowship with First Baptist/ LR 1:15 Christian Church Service with Pastor Harvey/ L 2:15 Genus Game/ LR 3:30 Grand Parent Talk/ LR 4:00 Relaxation Music/ LR 6:00 Movie Night/ L</p>
<p>9:00 Inspiration Hymns/ LR 9:15 Catholic Service/ L 10:00 Sit &amp; Be Fit/ LR 10:45 Senior Spelling Bee/ LR 1:00 Walking Club 2:00 Card games/ LR 3:00 Dale City Ministry/ LR 4:00 Social Hour/ LR</p>	<p>9:00 Doctor Appointments 10:00 Ball Toss /L 10:45 Health and Fitness/ LR 1:00 Bible Study with Jason/ L 2: 15 Crosswords/ LR 3:15 Drama Club: Love is in the Air/ L 4:00 Valentine's Day Puzzle/ LR 6:00 After Dinner Movie/ LR</p>	<p>9:30 Rosary with Claudia/ L 10:00 Stretch and Strength/ LR 1:00 Craft - Door Knob/ AR 2:00 Val's Day Double/ LR 3:00 Songs of the Heart Word Search/ LR 3:45 Sweetheart Mining / LR 6:00 Date Night with a new Movie and Popcorn/ LR</p>	<p>9:00 Doctor Appointments 10:00 Chair Dancing/ LR 11:00 Current Events with Nancy/ LR 12:45 Manicures/ AR 2:00 Trip to Gabes Store Ladies Only 2:45 Category Word Puzzles/ LR 3:45 Trivia with Betty/ L 6:00 Common Ending/ LR</p>	<p>9:15 Daily Chronicles/ LR 9:30 Parachute and Ball/ L 10:30 Manicures/ L 1:00 Resident Council/ L 2:30 Scenic Ride: Only Non- Ambulatory 3:15 Community Dance/ LR 4:00 Pet Therapy/ LR 6:00 Bingo with Linda/ L</p>	<p>9:00 Doctor Appointments 10:00 Reminisces about Our Life &amp; Times with Harry/ L 1:15 Yaht Zee/ LR 2:00 Men Work Shop / AC 3:30 Karaoke/ LR 4:00 Relaxation Music/ LR 6:00 Stretch and Tone/ L</p>	<p>10:00 Sit and Get Fit/ LR 10:45 Trinity Baptist Church / LR 11:00 Open House/ LR 1:15 Christian Church Service With Pastor Harvey/ LR 2:15 Dive Game/ LR 3:15 Sing Along/ LR 6:00 Movie Night/ L</p>
<p>9:00 Inspiration Hymns/ LR 9:15 Catholic Service/ L 10:00 Sit &amp; Be Fit/ DR 10:45 Short Stories/ LR 1:00 Walking Club 2:00 Sunday Bingo/ L 3:15 Facts or Fictions/ LR 4:00 Social Hour/ LR</p>	<p>9:00 Doctor Appointments 10:00 Ball Toss/ L 10:45 Spelling Cherry Pie/ LR 1:00 Bible Study with Jason/ L 2:15 Presidential Trivia/ LR 3: 15 Fill-in-the-Blank Puzzle/ LR 4:00 Social Hour/ LR 6:00 After Dinner Movie/ LR</p>	<p>9:15 Trip to Wal-Mart 930 Rosary with Claudia/ L 10:00 Stretch and Strength/ LR 11:00 Catholic Mass/ L 1:15 Crosswords/ LR 2:30 Room Visits 4:30 Pet Therapy/ LR 6:00 Fill-in-the-Blank/ LR</p>	<p>9:00 Doctor Appointments 10:00 Chair Dancing/ LR 10:45 Room Visits/ L 1:15 Manicures/ AR 2:15 Word Game/ LR 3:00 You Be The Judge/ LR 3:45 Trivia with Betty/ L 6:00 Fact or Crap game/ LR</p>	<p>9:30 Parachute and Ball/ L 10:00 Trip to MGM Casino 1:15 Volley Ball/ LR 2:00 Line Dancers/ DR 3:15 Show and Tell/ LR 3:45 Trip to Dollar Store 4:00 Pet Therapy/ LR 6:00 Bingo with Linda/ L</p>	<p>9:00 Doctor Appointments 10:00 Reminisces about Our Life Times with Harry/ L 1:15 Can You Name 5.../ LR 2:00 Resident and Employee Appreciation Party! Ice-Cream Sundae Bar, Root Beer &amp; Music by Sam Mills/ DR 3:15 Blurt Game/ LR 6:00 Stretch and Tone/ L</p>	<p>10:00 Stretch and Tone/ LR 10:45 Jokes and Riddles/ LR 1:15 Christian Church Service with Pastor Harvey/ L 2:30 Last Word/ LR 3:30 Trivia Pursuits/ LR 4:00 Relaxation Music/ LR 6:00 Movie Night/ L</p>
<p>9:00 Inspiration Hymns/ LR 9:15 Catholic Service/ L 10:00 Sit &amp; Be Fit/ DR 10:45 Bible Trivia/ LR 1:00 Walking Club 2:00 Magician Show/ LR 3:00 Star of the Month/ LR 4:00 Social Hour/ LR</p>	<p>9:00 Doctor Appointments 10:00 Ball Toss/ DR 11:00 Book Club/ LR 1:00 Bible Study with Jason/ L 2:30 Baking with Susan/ AR 3:15 Word Unscramble/ LR 3:45 Computer Class/ AR 6:00 After Dinner Movie/ LR</p>	<p>9:30 Rosary with Claudia/ L 10:00 Stretch and Strength/ LR 11:00 Mardi Gras Parade and Throw me Something Mister Game/ LR 1:30 Mardi Gras Puzzles/ LR 2:30 Crosswords/ LR 3:30 Room Visits 6:00 Discussion and Recall/ LR</p>	<h1>February 2017</h1> <h2>Potomac Place Assisted Living.</h2>			

